

“ I recommend Augmented NAC to all my patients.

Dr Tina Peers (UK)

ZEROSPIKE

Detoxifying Humanity

congress 2026
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The health collapse no one talks about – and the detox protocol addressing spike protein burden

While lockdowns are long forgotten and headlines have faded, many people continue to experience a silent health crisis, with unrelenting symptoms that are shattering lives. Clinicians across the world are seeing rising levels of complex, chronic illness, alongside troubling population-level trends including declining fertility, unexplained sudden deaths and unusually aggressive cancer presentations described as turbo cancer.

In many cases, doctors struggle to explain the

sudden onset of severe illness in previously healthy individuals, particularly when routine tests and standard treatment pathways fail to provide answers. Symptoms are frequently dismissed as psychological – “all in your head” – leaving patients isolated and desperate, while families helplessly watch the health of loved ones decline. For those affected, this represents a profound human tragedy unfolding in real time.

A growing body of research and clinical observation suggests that this ongoing deterioration in health

may be linked to lingering post-COVID effects and, for some individuals, responses following mRNA vaccination.

Central to this hypothesis is the role of spike proteins – referred to as Spikeopathy – which have been identified by researchers in the blood and tissues of individuals experiencing persistent symptoms, including those commonly described as Long COVID and post-vaccination syndromes (“Long Vax”).

Spike proteins are being actively studied in relation to vaccine-related injuries, neurological disorders, cardiovascular issues/myocarditis, infertility, and cancer surges.

Without effective detoxification, health inexorably declines, trapping humanity in failing bodies.

While these mechanisms remain under investigation, they are increasingly cited by clinicians and researchers seeking to understand complex, treatment-resistant illness.

At ZeroSpike, we believe that without effective support for detoxification and cellular recovery, long-term health may continue to decline. Addressing underlying biological stressors, rather than focusing solely on symptom suppression, is viewed as a critical component of recovery.

The non-profit ZeroSpike.org research project

was among the early initiatives to focus on spike protein biology and its possible implications for human health. This work contributed to the development of a structured detox protocol based on a targeted nutritional supplement approach.

Augmented NAC is specifically designed around a three-stage framework – Detach, Denature, and Detox – to support the body’s natural detoxification processes, with a targeted focus on removing spike proteins and enhancing liver function.

Research, including the Urine Spike Tracing project, has examined how this approach assists the body in processing and clearing spike protein fragments and associated inflammatory by-products. Laboratory studies have also explored additional properties, including potential neuroprotective effects, with further research ongoing.

Clinicians are observing health improvements in many of their patients. While outcomes vary, these experiences have restored hope for individuals who had previously exhausted conventional options.

Hope is returning – will you help share the conversation?

[View testimonials](#)

Health professionals interested in accessing scientific data can contact info@zerospike.org to request access to the ZeroSpike Health Network Portal.



Dr Tina Peers



Dr Jared Roscoe

Video info

Why Augmented NAC Matters...

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Vaccine injury and NAC...

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“ You have saved my life literally... Thank you!

Lisa

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